Welcome back!

It is my pleasure to serve as president of the Women's Club for the 2009-10 academic year. My goal this year is to further the purposes of the women's club: rendering service to the university, promoting the scholarship program, and fostering friendships among women who are members of the Trinity community.

To carry out those purposes, the officers and committee chairs have been busy this summer planning lots of activities. The annual Chili Cook-Off in January, for example, renders service to the university by helping to feed the hungry student athletes who are on campus when the dining halls are closed. The team for the Susan G. Komen Race for the Cure renders service to all women who have encountered or who are at risk for breast cancer. Money for the scholarship fund comes from the Halloween bake sale and also from members' donations during the holidays.

This year, there will be many opportunities for getting together to hear stimulating speakers during the lunch programs, to explore new places in San Antonio during our socials and to enjoy both new and well-established interest groups.

These shared activities and experiences are important for nurturing friendships. As James Boswell wrote, "We cannot tell the precise moment when friendship is formed. As in filling a vessel drop by drop, there is at last a drop which makes it run over; so in a series of kindnesses there is at last one which makes the heart run over."

I hope that during the coming year, through the activities of the Women's Club, you can experience a moment when your heart runs over.

Warm regards,

Inga Munsinger Cotton

Membership Open House

This year's Open House will take place on Tuesday, September 8, 2009, 11:30 a.m. - 1:30 p.m. at the home of Janice Brazil (150 Oakmont). All Trinity women or spouses of Trinity faculty and staff are welcome to join club members for light refreshments and learn about the Trinity University Women's Club. The club's primary purpose is to raise scholarship funds for female Trinity students.

However, the club also provides members with an opportunity to meet women from across the university community, join interest groups, learn new things, and to just have fun. Mark your calendars and bring a non-member to see what we are all about.

RSVP to Debi Arbuckle (SEE page 3 for contact information).
TUWC Meetings and Events 2009-10  (as of 8/24/09)

September 8 (Tuesday) - 2009
Social Event
Membership Open House
Sign up for an interest group, pick-up your membership directory, and enjoy!
11:30 a.m., Home of Janice Brazil, 150 Oakmont
RSVP: Debi Arbuckle

October 8 (Thursday)
REGULAR MEETING
11:30 a.m., Holt Center
RSVP: Brita Munsinger

October 30 (Friday)
Halloween Bake Sale
Fundraiser for scholarships
11:30 a.m.
Contact: Jackie Sliker

December 4 (Friday)
Social Event
Pre-Christmas Concert Reception
Join a lovely holiday reception preceding Trinity’s Christmas Concert. (7:30 p.m., Laurie Auditorium).
They'll be lots of holiday cheer!
6:00 p.m., Northrup Hall Lobby
$10 fee to attend. Guests welcome.
RSVP: Debi Arbuckle

December 9 (Wednesday)
REGULAR MEETING
Luncheon Topic: “Things You Wanted to Know about Tim Derk and Weren’t Afraid to Ask?: Striving for Excellence and Laughing Along the Way,” Tim Derk, Manager of Mascot Development, Spurs Sports and Entertainment
11:30 a.m., Holt Center
Enclose your donation to the TUWC’s Scholarship Fund in a holiday envelop or card and help “decorate” the Scholarship Christmas Tree. Proceeds benefit Trinity University students.
RSVP: Brita Munsinger

January (first week of) - 2010
Chili Cook-Off
Service project to support student athletes
Contact: Inga Munsinger Cotton

February 11 (Thursday)
REGULAR MEETING
Luncheon Topic: “A Brief History of 11,000 Years of Chewing Gum,” Dr. Jennifer Mathews, Associate Professor, Department of Sociology and Anthropology, Trinity University
11:30 a.m., Holt Center
RSVP: Brita Munsinger

March 27 (Saturday)
Social Event
Pearl Farmers Market Excursion
 Participate in a relaxing morning stroll through the Pearl Farmers Market and beautiful new Museum Reach Project of the San Antonio River.
9:00 a.m., Off-Campus Location
No fee to attend.
RSVP: Debi Arbuckle

April 8 (Thursday)
REGULAR MEETING
Luncheon Topic: “Exploring the Underwater World of the Ancient Mediterranean,” Dr. Nicolle Hirschfeld, Assistant Professor, Department of Classical Studies, Trinity University
11:30 a.m., Holt Center
RSVP: Brita Munsinger

May 1 (Saturday)
Susan C. Komen Race for the Cure
Off-Campus Location
Contact: Carol Mansen

May 21 (Friday)
Social Event
End-of-Year Garden party
Enjoy the garden, celebrate the end of the year and congratulate newly elected TUWC officers.
11:30 a.m., Holt Center
$ Fee to attend.
RSVP: Debi Arbuckle

See page 3 for the contact information of the individuals listed above.
Contact Information

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TRINITY UNIVERSITY WOMEN’S CLUB
Good News!

I spent two weeks in Spain, visiting my daughter and her family in Madrid. She and I were able to get away to San Sebastian and Bilbao for several days, where the highlight was a visit to the fantastic Guggenheim Museum in Bilbao. My daughter and her two children, ages 2 and 3 came back with me and will be here until September. It's been fun but hectic. Over Labor Day I will make my annual trek to Telluride for the Film Festival and hopefully have some good recommendations for films when I get back...Last year's highlight was the North American premier of *Slumdog Millionaire*, which I predicted would win the Oscar for best picture and it did. - Mary Denny

I have a little piece of news ... Yesterday I found out that my baby (due date: December 28, 2009) will be a girl! I have one son already (Nicholas, born July 6, 2007) so that will be one of each. - Inga Munsinger Cotton

On August 12, Jackie Sliker became a "has been" (former TUWC President that is!). It is a tradition for the latest TUWC president to host a luncheon for the most recent outgoing president. Present at the Jackie's luncheon at La Fonda were Genie Calgaard, Mary Elaine McElreath, Simone Donahue Brown, Jean Heins, Mary Denny, Claire Smith, Andrea Spanley and myself. Jean served in 1969 and represented the oldest reign of the club that day, Jackie received a lovely gift from James Avery. - Judy White

I spent a wonderful vacation in Ireland this summer! - Jackie Sliker

Chuck and I celebrated our 30th wedding anniversary in the Sonoma wine country August 18th. - Judy White

Interest Groups

*Join one of the Women’s Club Interest Groups!*

Contact the corresponding Interest Group Chair for more information (SEE page 3).

**Book Review Group**
Read and discuss books.

**Couples Night Out**
A fun opportunity to try some great San Antonio restaurants with your spouse or significant other. Scheduled for September, December, March and June.

**Culinary Capers**
Try a new recipe or share a favorite one

**Dutch Treat Luncheons**
Lunch around town.

**Film and Fiction**
Discuss movies and related novels.

**Girls Night Out/Cards**
Enjoy a game of cards, light refreshments and friendly conversation. For all levels of card players. Monthly evening meetings.

**Stitch in Time**
Stitch, chat and have a cookie ... or two.

**Walking for Women**
Take fun walks around the campus. Meet in Parking Lot B on the Trinity Campus (by Laurie Auditorium) on Tuesdays and Thursdays at 5:30 p.m. Join Race for the Cure on May 1 and make a difference in the battle against breast cancer.
You Won’t Want to Miss...

David Walton will speak on the work of Paul Farmer and Partners in Health, chronicled in Mountains Beyond Mountains, at 7 p.m. Thursday, August 27, in Trinity University’s Laurie Auditorium. His lecture is part of Welcome Week, a series of events launching Trinity’s 2009-10 academic year. The presentation is free and open to the public. The entire Trinity community is encouraged to read Mountains Beyond Mountains, by Pulitzer Prize-winning author Tracy Kidder, as part of Trinity’s Reading TUgether program.

Headlining the Trinity University Distinguished Lecture Series are former president of Pakistan Pervez Musharraf on September 17, 2009, and Thomas Friedman, foreign affairs columnist for The New York Times, on February 16, 2010. In addition, Condoleezza Rice, United States secretary of state from 2005 to 2009, will be the featured speaker April 7, 2010, for The Flora Cameron Lecture on Politics and Public Affairs. All lectures will begin at 7:30 p.m. in Laurie Auditorium and are free and open to the public. Visit “News and Events” on Trinity’s website for more campus happenings.

Membership Drive!

If you know someone who might be interested in joining the Trinity University Women’s Club extend an invitation to them to join us! Membership is open to all female Trinity faculty, staff, female spouses, and retirees. The club has existed since 1946. In addition to rendering service to the university community, the club also awards scholarships to highly talented Trinity women students. Funds for these scholarships are raised throughout the year with bake sales, membership dues, and other events.

A membership application is available on the Women’s Club’s website www.trinity.edu/org/womens_club. Annual membership dues are $35.00

Contact Crystal Benavides at 999-7416 or crystal.benavides@trinity.edu for more information.
President Jackie Sliker wished everyone a happy Easter and Fiesta, and thanked the committee for organizing the lunch: co-chairs Donna Blystone and Janice Brazil, and hostesses Genie Calgaard, Mary Elaine McElreath, and Carol Roy.

Kris Howland introduced the speaker, Dr. Carolyn Becker, Associate Professor of Psychology at Trinity University. Dr. Becker spoke about her research program, the Female Athlete Body Project, which helps students identify when they are trapped in the “female athlete triad”---low calorie intake, no menstrual cycles, and what the girls like to call “crumbly bones.”

Dr. Becker mentioned two resources for more information: the “World’s Healthiest Foods” website (http://www.whfoods.com) and the book “In Defense of Food: An Eater’s Manifesto” by Michael Pollan, which distinguishes between food and “edible foodlike substances,” and promotes the mantra, “Eat food. Not too much. Mostly plants.” Then, Dr. Becker left to teach her class.

Genie Calgaard awarded a jar of jellybeans to Ruby Contreras for coming closest to guessing the right number of beans in the jar.

Jackie Sliker continued with the business portion of the meeting.

Elizabeth Ford noted that this was the last luncheon of the 2008-09 school year, and asked for suggestions for next year’s programs. Jackie thanked Elizabeth and Kris Howland for their service as First Vice-Presidents.

Marsha McGlasson reported no changes to the membership since the last meeting. She requested that members keep her updated about changes to their addresses and email addresses. No new members or guests attended the luncheon.

Nelda Cortez shared the news that Marjorie Andrews had suffered a stroke on March 17th. Mary Jane Judd noted that Marjorie was staying at the Village at Incarnate Word. (Note: Marjorie has since moved to Morningside Manor, Assisted Living, Room D9, 602 Babcock Road, San Antonio, Texas 78201, direct (210) 731-0306, main (210) 731-1000---ed.) Nelda sent a card to Marjorie on behalf of the Women’s Club. (Note: After the meeting, on or around May 4, Jeanne Callihan had quintuple bypass surgery and was recovering at Northeast Baptist Hospital---ed.)

Susan McMahon presented the financial report. The balance at the beginning of the year was $2,478.61; the balance as of this meeting was $2,741.22, with one event to go.

Claire Smith announced the names of the scholarship recipients: Rachna Turakhia and Janae Contag. Jackie thanked the scholarship committee (including Kris Howland, Elizabeth Ford, and Nelda Cortez) for their efforts.

Genie Calgaard discussed upcoming Interest Group events:
- Book review: meeting in May to discuss a Rick Riordan novel (info: Sandra Kurtin)
- Culinary Capers: last meeting at Janice Brazil’s house; more events this fall
- Dutch Treat: meeting in May at Los Patios (info: Judy Golliher & Mary Elaine McElreath)
- Film & Fiction: “The Shooting Party” at Janice’s house (info: Marguerite Barzun)
- Stitch in Time: Fridays 11:30 a.m. to 1 p.m. (info: Jodi Karjala)
- Race for the Cure: 24 members participated last Saturday; Jackie thanked Chuck White and his son Steven White for acting as chauffeurs to the Alamodome.
- Walking for Women: summer schedule TBA
- Games group: continuing through the summer; 1st Monday in May & 1st Monday in June

In new business, Jackie thanked the nominating committee (Janice Brazil, Bea Caraway, and Linda Campbell) and announced their recommendations:
- President Inga Munsinger Cotton
- First Vice Presidents Elizabeth Ford and Mary Kay Cooper
- Second Vice President Crystal Benavides
- Social Chair Debi Arbuckle
- Recording Secretary Brita Munsinger
- Corresponding Secretary Nelda Cortez
- Treasurer Susan McMahon

The members voted to elect these officers.

Mary Kay Cooper asked members to please wear hats to the end-of-year event, a luncheon on Tuesday, May 5, on the lawn at the Holt Center.

Janice Brazil offered closing reflections, a poem by Mary Oliver about wild geese.

Respectfully submitted,

Inga Munsinger Cotton
Recording Secretary